

# The kinder loop



Louise Ewbank with cosmo and Fiona Hunter with jack

A fantastic four day trail ride across  
gorgeous countryside with lovely  
scenery  
'Challenging but rewarding'

## Monday 20<sup>th</sup> May 2013

Day one: My friend and I set off from Charlesworth and headed over towards hayfield,. We went up lantern pike and towards the Sett Valley trail, it was a lovely day so could see all over Hayfield. We went down the Sett valley trail where at the end there is a nice place to have a picnic before we began the incline up South Head. After a short break for the horses and ourselves ,we continued our journey through Hayfield village, over South Head and onto Rushup edge.

We followed the bridleways along Rushup edge until we arrived at our first nights accommodation 'Rushop hall' where we were met by Jan and Neil Allcock. The horses were turned out in a safe field where we could also see them from our bedroom window which was lovely.

Our stay here was perfect we had a homemade evening meal and full English breakfast the following day ,which was beautiful. After providing us with a little packed lunch for the day we headed down to catch the horses ready for another day.



## Tuesday 21<sup>st</sup> May 2013

Day two: We set off from Rushop Hall and headed over Mam Tor and Towards Hollins Cross, today was misty but was still able to take in the fantastic views from 470 metres high.



We continued our journey down Hollins cross where we had to get off and walk as this is very steep and slippery. We continued through Edale and onto Crookstone out Moor. There are a few gates along this section which are tricky so needed to be done on foot.

We stopped for a picnic at Hope cross before heading down Blackley Clough, this section is very stoney and best done on foot.

The next section across Hagg side was great to let the horses stretch their legs with a canter up the hills.

We then left the Kinder loop and rode down to Crookhil farm where we were met by Janet Wood. The horses were turned out close by with a couple of sheep to keep them company. We headed down to the Lady bower pub for tea which was about one and a half mile walk away.

The following morning we were provided with a full English breakfast to set us on our way.



## Wednesday 22<sup>nd</sup> May 2013

Day three: we set off early that morning as knew we had nineteen miles to cover today. We started the journey around Lady bower reservoir, the weather was perfect, the scenery was lovely great start to the ride.



We then left the reservoir and started the incline over Howden Moors, this section of ride is very tricky, it is definitely not for the faint hearted. It may only be 520 metres high but some of the time you are walking on a cliff edge. The path does level off towards the top but you have to be very careful of the peat at either sides. Take this part slowly. Luckily the weather was nice so the view was fantastic, wouldn't have liked to be up there in the rain!



We then left the moors and continued our travels through Langsett and onto the Trans-Pennine Trail until we hit Dunford bridge.

We then left the loop and headed to Rocky's Ranch where the horses were staying that evening. We met a lovely lady called Rocky who was very helpful and assured us the horses will be looked after that evening. We stayed the evening at the dog and partridge pub not to far away.



## Thursday 23<sup>rd</sup> May 2013

Day four: Homeward bound and the horses definitely knew this. After leaving Rocky's Ranch we picked the Trans-Pennine Trail up at Dunford bridge and headed over hills and fields towards Hadfield, you had to cross a busy road three times so be very careful on this section.



We continued onto the Longdendale trail riding alongside the reservoirs. Even though we got a little wet from showers the ride was pleasant and calm round the reservoirs. We left the Longdendale trail and headed along minor roads towards Charlesworth.

Well done to Peak horse power who set up the Kinder Loop. The ride is a fantastic four day ride, lots of challenges but very rewarding. My friend and I plus our two boys absolutely loved it.  
Thank you

